



SEPTEMBER 2020

11041 B Kaw Drive  
Edwardsville, KS 66111

ascendathleticsgym@gmail.com | AscendGym.com

| Sunday | Monday                                                                      | Tuesday                                               | Wednesday                                                                  | Thursday                                              | Friday                                | Saturday |
|--------|-----------------------------------------------------------------------------|-------------------------------------------------------|----------------------------------------------------------------------------|-------------------------------------------------------|---------------------------------------|----------|
|        |                                                                             | 1<br>Shooting Stars<br>Rising Stars<br>Shining Stars  | 2<br>Mini Stars Adv.<br>Shooting Stars<br>Rising Stars<br>Ascending Stars  | 3<br>Rising Stars<br>Shooting Stars<br>Shining Stars  | 4                                     | 5        |
| 6      | 7<br><b>NO CLASSES<br/>LABOR DAY</b>                                        | 8<br>Shooting Stars<br>Rising Stars<br>Shining Stars  | 9<br>Mini Stars Adv.<br>Shooting Stars<br>Rising Stars<br>Ascending Stars  | 10<br>Rising Stars<br>Shooting Stars<br>Shining Stars | 11<br>Competition<br>Team<br>Practice | 12       |
| 13     | 14<br>Rising Stars<br>Shooting Stars<br>Shining Stars<br>Shining Stars Adv. | 15<br>Shooting Stars<br>Rising Stars<br>Shining Stars | 16<br>Mini Stars Adv.<br>Shooting Stars<br>Rising Stars<br>Ascending Stars | 17<br>Rising Stars<br>Shooting Stars<br>Shining Stars | 18<br>Competition<br>Team<br>Practice | 19       |
| 20     | 21<br>Rising Stars<br>Shooting Stars<br>Shining Stars<br>Shining Stars Adv. | 22<br>Shooting Stars<br>Rising Stars<br>Shining Stars | 23<br>Mini Stars Adv.<br>Shooting Stars<br>Rising Stars<br>Ascending Stars | 24<br>Rising Stars<br>Shooting Stars<br>Shining Stars | 25<br>Competition<br>Team<br>Practice | 26       |
| 27     | 28<br>Rising Stars<br>Shooting Stars<br>Shining Stars<br>Shining Stars Adv. | 29<br>Shooting Stars<br>Rising Stars<br>Shining Stars | 30<br>Mini Stars Adv.<br>Shooting Stars<br>Rising Stars<br>Ascending Stars |                                                       |                                       |          |

PURPLE GYM



SEPTEMBER 2020

11031 A Kaw Drive  
Edwardsville, KS 66111

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| Sunday | Monday                                         | Tuesday                                         | Wednesday           | Thursday                                    | Friday                                | Saturday |
|--------|------------------------------------------------|-------------------------------------------------|---------------------|---------------------------------------------|---------------------------------------|----------|
|        |                                                | 1<br>Rising Stars<br>Hip-Hop Tumble<br>Hip-Hop  | 2<br>Boys Tumbling  | 3<br>Rising Stars<br>Hip-Hop (Youth Dance)  | 4                                     | 5        |
| 6      | 7<br><b>NO CLASSES<br/>LABOR DAY</b>           | 8<br>Rising Stars<br>Hip-Hop Tumble<br>Hip-Hop  | 9<br>Boys Tumbling  | 10<br>Rising Stars<br>Hip-Hop (Youth Dance) | 11<br>Competition<br>Team<br>Practice | 12       |
| 13     | 14<br>Mini Stars<br>Mini Stars<br>Rising Stars | 15<br>Rising Stars<br>Hip-Hop Tumble<br>Hip-Hop | 16<br>Boys Tumbling | 17<br>Rising Stars<br>Hip-Hop (Youth Dance) | 18<br>Competition<br>Team<br>Practice | 19       |
| 20     | 21<br>Mini Stars<br>Mini Stars<br>Rising Stars | 22<br>Rising Stars<br>Hip-Hop Tumble<br>Hip-Hop | 23<br>Boys Tumbling | 24<br>Rising Stars<br>Hip-Hop (Youth Dance) | 25<br>Competition<br>Team<br>Practice | 26       |
| 27     | 28<br>Mini Stars<br>Mini Stars<br>Rising Stars | 29<br>Rising Stars<br>Hip-Hop Tumble<br>Hip-Hop | 30<br>Boys Tumbling |                                             |                                       |          |

TEAL GYM